

# Fiddick's Forum

Fiddick's Nursing Home and Retirement Home 437 First Ave, Petrolia ON (PH) 519-882-0370



## Celebrating June

Foster a Pet Month

Great Outdoors Month

Soul Food Month

Yo-Yo Day

June 6

Flag Day: U.S.

June 14

Juneteenth: U.S.

June 19

International Surfing Day

June 20

Play Catch Week

June 21–27

Father's Day

June 21

Sunglasses Day

June 27

## Sweden's Midsummer Dream

After the long dark of winter, Swedes look forward to the Midsummer festival, the most important holiday of the year after Christmas. Midsummer may fall on June 20, but festivities begin on Midsummer's Eve. Midsummer is a celebration of the sun and all the life it brings. School is out of session, flowers and trees are in full bloom, and the sun does not set. For many Swedes, Midsummer marks the start of a five-week holiday, a time to enjoy the sweet summer weather while it lasts. Families load up their cars and leave the cities for the countryside, where hills and pastures are speckled with flowers.

At its heart, Midsummer is a time to gather outdoors with family and friends. The maypole, or *midsommerstång*, is central to this gathering. The first tradition of Midsummer is to decorate the tall pole with garlands and flowers. People, too, don flower crowns. The maypole is erected in a public square or park where everybody gathers to perform the customary dances. One of the most interesting is the Little Frogs dance, *Små grodorna*, where people hop around the pole pretending to be frogs.

All that hopping makes people hungry, and lunch stretches throughout the entire afternoon. Pickled herring and boiled new potatoes dressed in sour cream, dill, and chives are traditional, followed by grilled salmon or meat. Dessert consists of fresh summer strawberries with cream. Of course, beer and herbed schnapps flow freely, accompanied by popular Swedish drinking songs—the bawdier the better. Lunch blends into dinner, and before the meal's end, many are up and dancing again on stages set up along lakes or nestled between hillsides.

It's time for bed, but the sun still has not set. Sweden is awash in a mysterious twilight. Perhaps this is why Midsummer has so many magical legends. On the way home, young women are supposed to pick seven different types of wildflowers. Legend states that if you place the flowers under your pillow, you will dream of your future spouse. Perhaps the greatest magic of Midsummer lies in the many wedding vows that take place under the blessing of the midnight sun.

## Message From Michael Fiddick, Owner/Administrator

Dear Residents, Friends and Families  
Spring is upon us and summer will soon be here.

We at Fiddicks Nursing and Retirement Home are continuing to Create experiences through our shared vision of Meaningful Days; Honoring and continuing resident's life stories, encouraging and supporting relationships with caregivers and residents; through social activities and celebrations.

Encouraging residents' abilities to be independent and express their wishes and opinions. Through the vision of Meaningful Days, our residents have happiness in their days and that along with their good health is our goal every day.

Mother's Day was celebrated for many days, through activities, special treats and wonderful connections made through phone calls and messages.

Nurses Day was a hit, with cookies from our incredible baker, Diana and many good wishes from our community. I hope our Nurses, RPN's and PSW's felt the appreciation and love.

Victoria Day was celebrated through crafts and entertainment. Our Activities Department work diligently to make every occasion great fun, job well done!

These times, to say the very least have been challenging for us all and we share in the desire to touch our own loved ones.

Our team continues to fill each residents' days with connections through activities and interaction, so that these strange days are as good as they can be.

As the weather improves, we hope our residents will feel the sunshine on their faces in our courtyard. Days will continue to be filled with much fun and activity, while keeping your loved one safe in these times.

We are in this together. I am grateful for each and every resident, team member, family and friend.

Continue to be well and stay safe.

I remain a phone call away and am in office each day.

Mike Fiddick  
Administrator/Owner  
Fiddicks Nursing Home



## Fiddick's Nursing & Retirement Home Welcomes....

*Ken Roher*

*Brian Mclauchlan*

*Elizabeth Kewley*

*Donna Morningstar*

*Christina Jones*

*Mary Willer*

## Mourns the Loss of

*Jerry Hagen*

*Jim Dixon*

*Maxine Ainsworth*

*Khem Kuipers*

*Ellen Card*

*Lloyd Long*

*Merilyn Rome*



## Friendly Reminders:

### Zoom Calls

Please call the activity department or send an email to [actd@fiddicksnursinghome.com](mailto:actd@fiddicksnursinghome.com)

### Father's Day Gift Ideas

Toiletries, box of chocolates, greeting cards, watch, clothing items, special video message, clock, radio, slippers. **If the item can be sanitized properly, it will be permitted into the home.** We also will be accepting short prerecorded video messages for Father's Day! Send us a video wishing your loved one a Happy Father's Day and we will be sure to show it to them on the 21<sup>st</sup>!

## June Special Events

**June 4<sup>th</sup>:** Resident Council

**June 10<sup>th</sup>:** French Fries

**June 19<sup>th</sup>- 21<sup>st</sup>:** Mini Father's  
Day Socials on  
Every Unit

**June 21<sup>st</sup>:** Father's Day

**June 30<sup>th</sup>:** Canada Day Photo  
booth

- *Each unit will also have a Mini Birthday Party celebrating those who have a Birthday in June*



## Napoleon's "Waterloo"

Napoleon's defeat at Waterloo in Belgium occurred on June 18, 1815. Napoleon is remembered as one of history's greatest military strategists. With the French army under his command, he waged war against most of Europe, vastly expanded the French Empire, and crowned himself emperor. After 1812, however, Napoleon suffered grave defeats and was exiled to the island of Elba, but Napoleon was not used to defeat. He escaped from Elba and rebuilt a massive army to march against the foes that had defeated him. At first, Napoleon was successful. On June 16, 1815, he defeated the Prussians. But on June 18 at the village of Waterloo, he commanded his force of 72,000 troops to hold off their attack until mid-day in order to allow the battleground to dry. It was a fatal mistake. During those few hours, new troops joined the opposition, and Napoleon's forces were overwhelmed and overrun. He was forced to return to Paris in defeat and abdicate the throne. Napoleon's reign was over, and the name of Waterloo would become forever synonymous with defeat and humiliation.

## Family Council Update



Although family council is not meeting "face-to-face", we are holding bi-weekly Zoom meetings on Thursday mornings. If you would like to request more information or be

part of a meeting please contact one of the following people:

Tami Holmes: 519-918-0052  
ktlangstaff@gmail.com

Marje Crowe: 519-671-2029  
ktlangstaff@gmail.com

Susan Carnegie: 519-402-1948

## June Resident Birthdays

Ken Roher: June 25<sup>th</sup>

Elizabeth Kewley: June 3<sup>rd</sup>

Elsie Helmer: June 17<sup>th</sup>

Doug Wagner: June 20<sup>th</sup>

Carolyn McNeil Judas: June 23<sup>rd</sup>

Beth Gingrich: June 26<sup>th</sup>

Bill Anderson: June 1<sup>st</sup>

Lola Casey: June 17<sup>th</sup>

Melba McRae: June 7<sup>th</sup>

Tom Leneve: June 10<sup>th</sup>

David Jackson: June 16<sup>th</sup>

Geneva Kirck: June 25<sup>th</sup>

Cecillia Prior: June 2<sup>nd</sup>

Merlin Zimmer: June 8<sup>th</sup>

Glen Minielly: June 11<sup>th</sup>

Arlene Wright: June 18<sup>th</sup>



## June Birthdays

In astrology, those born between June 1 and 20 are the Twins of Gemini. A Gemini's dual nature is expressed through skillful communication and dynamic sociability. The Twins are energetic, quick-witted, optimistic, and emotionally intelligent. Those born between June 21 and 30 are Cancer's Crabs. Crabs care deeply about their family and home. After all, they carry one on their backs! Guided by their hearts, Crabs are sympathetic and loyal friends and imaginative collaborators.

Morgan Freeman (actor) – June 1, 1937  
Angelina Jolie (actress) – June 4, 1975  
Prince (musician) – June 7, 1958  
Frank Lloyd Wright (architect) – June 8, 1867  
Hattie McDaniel (actress) – June 10, 1893  
Harriet Beecher Stowe (author) – June 14, 1811  
Paul McCartney (musician) – June 18, 1942  
Bob Vila (builder) – June 20, 1946  
George Orwell (author) – June 25, 1903  
Bernard Harris Jr. (astronaut) – June 26, 1956  
Lena Horne (singer) – June 30, 1917

