

OCTOBER 2018

Fiddick's Forum

Fiddick's Nursing & Retirement Home 437 First Ave Petrolia ON PH (519) 882-0370 FAX (519)882-0370



Celebrating October

Country Music Month

Positive Attitude Month

Popcorn Poppin' Month

Spinning and Weaving Week

October 1-7

Guardian Angels Day

October 2

**International
Top Spinning Day**

October 14

Mulligan Day

October 17

International Artists Day

October 25

All Hallows' Eve

October 31

Jack of the Lantern

Every October, once pumpkins have grown fat and orange, these gorgeous gourds are picked and used in a wide variety of ritual activities from baking pumpkin pie to carving jack-o'-lanterns for Halloween. But there's no need to wait until October 26, Pumpkin Day, to make the most of your favorite pumpkin traditions.

Pumpkins have been grown in North America for 5,000 years. While these gourds are native to Central America and Mexico, the tradition of carving pumpkins began across the Atlantic Ocean in Ireland. The practice of carving "jack-o'-lanterns" began with an Irish folktale about a man named "Stingy Jack."

The legend says that Stingy Jack invited the Devil to have a drink, but then the tightfisted fellow did not want to pay. Jack tricked the Devil into transforming himself into a coin he could use to buy the drinks, but Jack put the coin into his pocket next to a silver cross. The Devil, so near a cross, could not change back into his devilish self. Jack made the Devil promise not to claim his soul should he die. The Devil had no choice but to agree. However, when Jack did die, God would not allow someone who caroused with the Devil into heaven. In the end, Jack was sent into the dark of night with nothing but a lamp fashioned from a carved-out turnip, lit with a lump of glowing coal. For this reason, the Irish have long carved images of "Jack of the Lantern" from turnips and, later, potatoes or beets. The scary, glowing faces were used to frighten away Stingy Jack and any other evil spirits.

When Irish immigrants came to North America, they discovered a new medium for their jack-o'-lanterns: pumpkins. With their hollow centers and wide, thick, orange shells, these gourds were a perfect vessel. Today, pumpkins are grown on every continent except Antarctica, and people around the world use them to carve jack-o'-lanterns.

Fiddick's Fall Bazaar

We will be hosting our annual Bazaar on Saturday, November 3rd from 9:30am until 12:30pm. We are looking forward to having some different vendors this year. Keep your eye out for further info posted in the next newsletter or in the local paper, website, and radio. We hope to see you there!! The residents have been working hard making pickles, freezer jam, canned peaches, crafts and more.

Fiddick's Flu Clinic

We will be hosting a flu clinic on Thursday, October 25th. We will be providing more details prior to this date and will post within the building. Also please feel free to call with any questions.

Municipal Voting for the Residents of Fiddick's

All of the residents have been registered to vote here for the 2018 municipal election. There will be representatives from the Town of Petrolia here from 10:00am until 2:00pm on Thursday, October 18th. We will have staff assistance for the residents to be able to vote on that day.

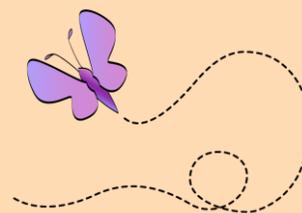


Fiddick's Nursing & Retirement Home Welcomes...

*Eric Muller
Helen McRae
Mike Vulakovic
Carmen Ziolkowski
Bruno Ziolkowski*

And mourns the loss of...

*Delores Morrice
Bev Summers*



Gerri Fashions- October 16th

Gerri Fashions will be here on Tuesday, October 16th from 10:00am until 3:00pm. They will be set up in the Ruby Hall Activity Room.

This is a great chance for you to come take your loved one shopping without leaving the building. They have all kinds of clothing, undergarments, adaptive clothing, slippers, etc. If you cannot make it on this day but wish to have something purchased for your loved one, please contact Brooke McGill at 519-882-0370 or at bmcgill@fiddicksnursinghome.com or contact the unit manager.

You may receive a call prior to Gerri Fashions being here if your loved one requires any clothing items or adaptive clothing. The staff will be able to order these items for them or if you wish you can come in with your loved one to pick out and purchase these items. Residents are able to try all of the clothing on and additional sizes can be ordered and delivered to Fiddick's if they are unavailable on that day.

Please contact the Activity Department if you have any questions.



Message from Mike

It's hard to believe that September has come and gone. There is a nip in the evening air and the leaves are starting to turn from green to those familiar fall colours. The harvesting of crops has begun and the farmers will all be very busy in the upcoming weeks.

Several of our resident's entered their handcrafts in the Petrolia Fair and it is nice to see their efforts and talents were recognized as many ribbons were brought home. I know they will be working hard again to prepare for the upcoming Bazaar.

Take care everyone, I hope everyone is doing well and if there are any issues or concerns my office door is always open.

Michael Fiddick, Administrator



Fiddick's Family Council

Our next Family Council meeting will be on **Wednesday, October 24th at 4:00pm** in the Victoria Way Conference Room. It is not on the last Wednesday of the month due to Halloween.

Our family council would like to invite all new family members to come out to a meeting and meet the council. This is a great way to receive facility updates, ask questions, and receive support from other families. We are looking for new members and hope to see some fresh faces out soon!

Please contact Brooke

(bmcgill@fiddicksnursinghome.com) or Kim Nelles (Family Council President) at 519-882-2566.

We look forward to meeting you!

Reminder: Labelling Clothing

Please drop off any new clothing items at the MAA desk. Even if you have labelled them at home they still need to be dropped off at MAA so we can ensure we keep track of everything that is brought in. If something is lost, this process helps us to locate it a lot easier. Any shoes, slippers, clothing, undergarments, etc. all need to be labelled properly.



Resident October Birthdays

Retirement Home

Maxine Moore- October 1st
Beatrice Hands- October 17th

Ruby Hall

Jackolyn Delaurier- October 4th

Victoria Way

Doreen Snelgrove- October 14th

Barclay Lane

Barb Brown- October 3rd
Helen McRae- October 3rd
Betty Maat- Oct 22nd
Leda Webster- October 25th

Fairbanks Court

Ken Gray- October 8th
Mary Koziol- October 28th



October Birthdays

In astrology, Libras are those born between October 1–22. Libras, symbolized by the scales, strive for balance, avoid conflict, and desire fairness for everyone. To achieve this, they are sociable, strategic, charming, and diplomatic. Those born between October 23–31 are Scorpios. Scorpios are passionate and deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers.

Groucho Marx (comedian) – October 2, 1890
Buster Keaton (comedian) – October 4, 1895
Desmond Tutu (archbishop) – October 7, 1931
Eleanor Roosevelt (first lady) – October 11, 1884
Paul Simon (musician) – October 13, 1941
Lee Iacocca (executive) – October 15, 1924
Evel Knievel (daredevil) – October 17, 1938
Mickey Mantle (ballplayer) – October 20, 1931
Dizzy Gillespie (musician) – October 21, 1917
Minnie Pearl (comedian) – October 25, 1912
Dylan Thomas (poet) – October 27, 1914
Jonas Salk (doctor) – October 28, 1914
Dan Rather (journalist) – October 31, 1931

Family Christmas Dinners

As we recognize it may be too early to start talking about the Christmas season, we wanted you to mark the dates of our Christmas Dinners so that you are able to ensure you can make it if you wish to attend.

There will be a separate day for each unit and all dinners will be at 12:30pm.

Tuesday, December 4th- Barclay Lane

Wednesday, December 5th- Fairbanks Court

Thursday, December 6th- Victoria Way

Friday, December 7th- Ruby Hall

Tuesday, December 11th- Retirement Home

All residents may bring a maximum of 2 guests with them and tickets will be available for purchase at a later date at the MAA desk. Cost TBA. Further details to be posted soon!

