

Fiddick's Forum

Fiddick's Nursing & Retirement Home – 437 First Ave, Petrolia, ON, N0N 1R0 – 519-882-0370



Celebrating May

**Global Health and Fitness
Month**

Inventors Month

Gifts from the Garden Month

International Firefighters Day
May 4

Wildflower Week
May 7–13

Mother's Day
May 13

Museum Day
May 18

Ride a Unicycle Day
May 20

Memorial Day (U.S.)
May 28

Victoria, Victorious

Queen Victoria's rule over the United Kingdom was so strong that the time period under her monarchy became known as the Victorian Era. Her 63 years of rule lasted from 1837 to 1901, during which England greatly expanded its empire and became a world leader in both industry and economy. She also survived several assassination attempts and guided Britain through the Great Famine of 1845. Her most lasting contribution may have been establishing the monarchy as a mainstay of English culture. When Victoria ascended the throne at age 18, many believed that England should no longer be ruled by a king or queen. During her rule, Victoria so influenced British society that the monarchy became a permanent fixture. If you, like so many others, adore British royalty, then get ready for Victoria Day on May 22.

Victoria Day was established in Canada in 1845 as a means of unifying English and French Canadians. Both cultures understood and appreciated a monarchy, and loyalty to the queen was an important means for Canadians to distinguish themselves from the Americans to the south, who prided themselves on their revolution against a monarchy. The original date was May 24, the birthday of the queen. Other parts of England's vast Empire celebrated May 24 as Empire Day, but Canadians chose to honor Queen Victoria. She was, after all, Canada's "Mother of Confederation," the leader who urged Canadian unity and independence.

While the date of Victoria Day may have changed to the Monday nearest the queen's birthday, it is still a day to celebrate everything royal. Indeed, *anglophilia* seems to have reached an all-time high now that young royals Princes William and Harry are marrying and starting families of their own. Brits are even conquering the television with hit shows like *Downton Abbey*, *Victoria*, *The Great British Bake Off*, and *The Crown*. It's all enough to make you want to sing "God Save the Queen"!

Message from Mike

It seems like April has come and gone so quickly and we have not seen very much spring like weather. Hopefully we will see warmer temperatures soon.

It will soon be BBQ season again and we will be having them throughout the spring and summer. We will be having our Mother's Day Tea this month, and we hopefully will be begin our gardening with the Resident's as well.

I would like to thank all of our Residents and their families for allowing us to care for their loved ones, as it is our privilege. If we can do anything more for anyone, please do not hesitate to ask.

As it will soon be Mother's Day I will leave you with this....

"Mothers hold their children's hands for a short while, but their hearts forever."

Michael Fiddick,
Administrator

Family Council

Our next Family Council meeting will be on **Wednesday, May 30th at 4:00pm** in the Victoria Way Conference Room.

We are planning a "Courtyard CleanUp Day" where we will be looking for volunteers to come help out for the day to do weeding, planting, etc. Please keep an eye out for the posted date as it will be weather permitting. We will also be posting a list of tools needed for the day. Everyone will need to bring their own gardening gloves 😊 More info to follow.

Also, the Family Council are purchasing shirts for when they are helping at special events such as the Family BBQ. These shirts will be ordered at the next Family Council meeting if anybody wishes to order please contact us by that day.

Mother's Day

Happy Mother's Day to all of the mothers out there!

We will be hosting a **Mother's Day Tea** on Friday, May 11th at 2:30pm in Victoria Way. Please come join your mother for some coffee, tea, and baked goods.



Man's Best Friends



May 6–12 is Pet Week, a week to honor our nonhuman companions. Pets have been shown to make us more empathetic and even interact more with others. Pets also offer many health benefits, too, such

as lower stress, sharper executive function, even a reduction in physical pain. Moreover, people who own pets get more exercise, both physically and mentally.

In many ways, our pets do much more than just act as companions. Three-year old Alida Knobloch of Georgia is literally attached to her pet goldendoodle, Mr. Gibbs. That's because Mr. Gibbs carries her heavy oxygen tank. Alida suffers from a rare form of lung disease that makes it difficult for her to breathe without assistance. With Mr. Gibbs by her side and an oxygen tank carried on the dog's back, Alida is able to run and play. Alida's family is so grateful that they call Mr. Gibbs Alida's "four-legged lifeline."

When a wildlife park became overcrowded with animals, Casey Anderson stepped in to save a baby grizzly bear. Little did Anderson know that the bear, named Brutus, would grow to be one of his best friends and even be the best man at his wedding! Anderson's love of grizzlies led him to found the Montana Grizzly Encounter sanctuary. When Brutus isn't roaming the park, he may be found cuddling with Anderson or eating at the dining room table.

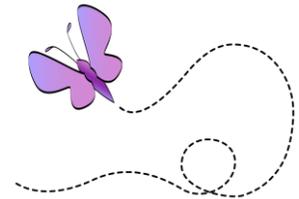
An eight-year-old girl from Seattle befriended an entire flock of crows. As a four-year-old, she often spilled food in her yard, attracting the birds. Over the years she began to intentionally feed them. The crows, one of nature's cleverest animals, were so grateful that they began to bring her gifts in return: buttons, toys, dead fish, rocks, even a plastic heart, which, the girl says, proves "how much they love me." Animals may not be human, but they often bring out the best in us, so during Pet Week make sure you do your part to thank the animal that has given you so much.

Fiddick's Nursing and Retirement Home Welcomes...

Clara Martin
Jean Hoeksma
Moe Croteau

And mourns the loss of...

Lillian Smith
Fred Burke
Lucy Bryson
Marian Anderson
Jules Mercier
Earl McKinnon
Glenn Smith
Rita Hefford



Wacky Wordies

Each of the puzzles below is a visual representation of a common word or phrase. Can you decipher them?

knee UR FULL OF	cover HEAD cover cover cover	3. Out 2. Out 1. Out	 TIME
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1. _____ 2. _____ 3. _____ 4. _____

T A L	L M N Terry	C A S E CASE	KING TRAIL
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5. _____ 6. _____ 7. _____ 8. _____

$.25\frac{1}{4}$ $\frac{1}{2}$ $\frac{1}{4}$ $\frac{1}{25}$	eye e c except	the rasingin	doubt doubt IT doubt doubt
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9. _____ 10. _____ 11. _____ 12. _____

Resident Birthdays

Barclay Lane

Bob Mills- May 31st

Christena Pauling- May 25th

Lydia Panniers- May 22nd

John Vrolyk- May 22nd

Fairbanks Court

Reta Henderson- May 21st

Bob Brown-May 10th

Ruby Hall

Terry Brander- May 17th

Nancy MacDougall- May 30th

Cecile Hill- May 28th

Margaret Wiles- May 10th

Victoria Way

Thelma Kember- May 18th

Al Butler- May 12th

Eleanor Horton- May 5th

Retirement Home

Doris Fraser- May 3rd

Nellie Luck- May 28th



May Birthdays

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor. Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

- Benjamin Spock (pediatrician) – May 2, 1903
- Sugar Ray Robinson (boxer) – May 3, 1921
- Sigmund Freud (psychoanalyst) – May 6, 1856
- Fred Astaire (entertainer) – May 10, 1899
- Yogi Berra (ballplayer) – May 12, 1925
- George Lucas (film maker) – May 14, 1944
- Adrienne Rich (poet) – May 16, 1929
- Cher (singer) – May 20, 1946
- Sir Arthur Conan Doyle (writer) – May 22, 1859
- Bob Dylan (songwriter) – May 24, 1941
- Jim Thorpe (athlete) – May 28, 1887
- Walt Whitman (poet) – May 31, 1819

Warm weather is finally here!



Now that we are seeing nicer weather we hope to be getting the residents outside a lot for various activities and strolls. You are always welcome to take your loved one in any of the courtyards or patios to enjoy the sun. Please feel free also to join your loved one at any scheduled events... the more the merrier! ☺

Answers to wacky wordies:

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|----------------------------|-------------------------------|
| 1. You are full of bologna | 9. Close quarters |
| 2. Head for cover | 10. I before E except after C |
| 3. Outnumbered 3 to 1 | 11. Singing in the rain |
| 4. End of time | 12. No doubt about it |
| 5. Tall tale | |
| 6. Elementary | |
| 7. Open and shut case | |
| 8. Hiking trail | |