

AUGUST 2017

Fiddick's Forum

437 First Ave, Petrolia, ON- N0N 1R0- PH: (519) 882-0370



Celebrating August

Read-a-Romance Novel Month

**What Will Be Your Legacy?
Month**

International Clown Week
August 1-7

Twins Days
August 4-6

Lighthouse Day
August 7

Social Security Day
August 14

Bad Poetry Day
August 18

Kiss and Make Up Day
August 25

Love Litigating Lawyers Day
August 31

The Art of Art Appreciation

August 11 is Worldwide Art Day, so whether you paint, draw, sculpt, take photographs, play a musical instrument, write, or dance, this is a day to revel in the beauty of art. For centuries, people have asked, "What is art?" Early critics believed that art was simply imitation—a painting of a flower or sculpture of a dancer—but art is much more than that. It is the application of human skill and imagination to create something wholly new, a work of beauty and harmony, a revelation of truth, a connection of feeling and self-expression. Truly, art is as diverse as its makers. So what is art? You'll know it when you see it—and may surprise yourself when you make it.

While not everyone may be a famous artist, anyone can create art. And August 8 is the Date to Create. We consume every day: we eat food, watch television, and buy clothes and other goods. This is the day to not be a consumer but a creator. Creation is the bringing of something new into existence, and it is an empowering experience. Whether you paint a masterpiece or build a makeshift centerpiece out of tissue paper and empty bottles, your creation will take on a life of its own as a form of creative self-expression.

If you're still looking for inspiration as an artist, you can spend the month of August enjoying the work of others, for August is American Artist Appreciation Month. Georgia O'Keeffe painted flowers. Norman Rockwell illustrated idyllic scenes of American life. Aaron Douglas created inspiring murals. And these are just visual artists. There is an endless wealth of writers, singers, and dancers to awe and inspire you.

Are you intimidated by art? Does visiting a museum or jazz club scare you? Just as creating art is an individual expression, enjoying art is also a personal experience. There are no right or wrong ways to enjoy art. If you'd rather stay at home, then grab your box of crayons and a coloring book on August 2, Coloring Book Day. For many, this type of artistic expression is just the right fit.

Message from Mike

We certainly have been having a nice summer, not too hot but maybe a little too much rain, or it seems that way. We had a beautiful day when we went to the bridge and had "fries" and I know everyone thoroughly enjoyed themselves. This month we will be having our trip to the bridge to have Purdy's Fish and Chips and a hot dog BBQ for the residents out front which I am sure everyone will enjoy.

The corn is just coming now, so I am sure we will be having fresh corn very soon....

I would like to thank all of our Residents and their families for allowing us to care for their loved ones, as it is our privilege. Take care everyone, I hope everyone is doing well and if there are any issues or concerns my office door is always open.

Kindly yours,

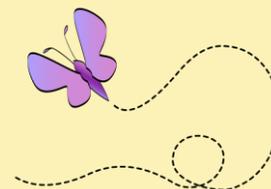
Michael Fiddick
Administrator

Fiddick's Nursing and Retirement Home Welcomes...

*Nancy Jacques
Morris Bucke
Gwen Bernetic
Charles Goodhew
Don Morrice*

And mourns the loss of...

*Paula DeWulf
Gordon Liddle
Gail Boyd
Fred Gililand
Larry Mallot*



Fiddick's Car Show

Our annual car show is going to be held on Thursday, September 21st during the day (exact time TBA). If you have an old or unique car or know anybody who does please let us know!



Room Rentals

If you have an inquiry about booking an activity room for a special event or for bringing in a meal, please contact Brooke (Activity Director). The cost for the Large Activity room is \$25.00 plus fees per person if you require anything additional such as coffee, tea, etc. The small activity rooms are free unless you require anything additional.

Fiddick's Visitor Code of Conduct

Fiddick's Nursing Home and Retirement Home Ltd. is committed to providing a safe and healthy environment to everyone who enters our doors. To ensure this, we ask that you abide by these visitor guidelines:

Visiting hours: Please observe that our general visiting hours are 8am – 9 pm.

Infection control: If you are sick or have an illness that could be transmitted to a resident, please do not visit residents at the facility. If you have concerns about symptoms, please consult with your personal health care provider prior to visiting the facility. Do not touch resident equipment/linen, resident wounds, or bandages while visiting. Please do not sit on a resident's bed.

Hand Hygiene: Please clean your hands each time you enter and leave the resident's room.

Use of Common Areas: Please be mindful of other visitors and other families' need for space. And please limit personal belongings which take up space that could be used by other families. Please clean up after yourself before leaving the common areas. Please refrain from extended stays in common areas.

External items: Please do not bring/give/provide any drugs, medications, herbal supplements, alcohol (unless prescribed by a physician), smoking materials and tobacco products of any kind (including e-cigarette- devices), to anyone. If any of these items are required, this will be requested by a nursing staff member under the direction of a physician.

Clothing: Appropriate clothing is required. You must wear shoes and shirts at all times. Clothing with obscene language or sexual content is prohibited.

Right to Privacy: All residents have a right privacy as per Federal law. Please note: no visitors are allowed in the nurses' station, medication room, or any other area with restricted access. Please refrain from entering any resident's room without permission.

Respect: Please be respectful and courteous to all persons and property. Be aware of noise level when conversing and please keep the television volume at a level not to disturb other residents. As a curtesy, please limit non-urgent interruptions of registered staff at the medication cart during medication administration. This is for the safety of everyone.

Prohibited Actions

Photography/Videography: Due to resident privacy policies, taking photos or videos of other residents of the facility is not permitted. In a resident room, you may not photograph, videotape or record audio of any medical procedure without the permission of the Administrator or Director of Care. You also may not photograph, videotape or record audio of any physician, nurse or staff without their permission.

Threatening Behavior: Disruptive, threatening or violent behavior, including the use of obscene language or gestures is strictly prohibited.

Tobacco Use: Do not smoke or use tobacco products, including e-cigarettes, anywhere except in designated smoking areas outside of the facility. Smoking is only permitted in the center courtyard and is not permitted on any other areas of the property, such as outside the main entrance.

Banned Items: Alcohol (other than prescribed by a physician), drugs and weapons are strictly prohibited.

Visitors will be asked to leave for any of the following:

- Your behavior creates a risk or threat to residents, families or staff.
- You are not respectful or considerate of others including staff.
- You are found in possession and/or use of street drugs
- You are intoxicated.
- You are displaying disruptive language.
- You appear to be ill.
- You refuse to follow isolation precautions.
- You are not complying with the right to privacy

*** Fiddick's Nursing Home and Retirement Home Ltd. does not restrict or deny visitation based on race, religion, ethnicity, culture, language, sex, age, sexual orientation, gender identity or expression, physical or mental disability, or socioeconomic status. ***

Resident Birthdays

Retirement Home

Jim Dixon- August 10th

Jeanne Bellemore- August 12th

Ruby Hall

Margaret Archibald- August 10th

Mike Tatarchuk- August 29th

Victoria Way

Chuck Fitzgerald- August 7th

Iva Andrew- August 13th

Jean Hall- August 17th

Doreen Macdonald- August 20th

Barclay Lane

Helen Pearen- August 1st

Don Butler- August 16th

Goldie Spinks- August 21st

Doug Coleman- August 29th

Bill Anderson- August 30th

Ed Payne- August 30th

Fairbanks Court

Anne Beer- August 4th

Maxine Anderson- August 25th

Mary Curtis- August 29th

Jim Wheeler- August 31st



August Birthdays

In astrology, those born between August 1–22 are Leo's Lions. Lions are the "kings" of the zodiac: dramatic, ambitious, confident, and hard to resist. Leos are also generous and loyal, putting both their family and friends first. Those born between August 23–31 are Virgos. Detail-oriented Virgos have a deep sense of humanity, a trait that makes them careful, tender, and practical. Since all that attention to detail is put into the service of others, Virgos make perfect humanitarians.

Francis Scott Key (composer) – August 1, 1779
Louis Armstrong (musician) – August 4, 1901
Neil Armstrong (astronaut) – August 5, 1930
Allegra Kent (ballerina) – August 11, 1937
Mae West (actress) – August 17, 1893
Robert De Niro (actor) – August 17, 1943
Connie Chung (journalist) – August 20, 1946
Dorothy Parker (writer) – August 22, 1893
Leonard Bernstein (composer) – August 25, 1918
Leo Tolstoy (writer) – August 28, 1828
Van Morrison (musician) – August 31, 1945

Stuffed Animals

We are looking for gently used or new stuffed animals to be donated if anybody has any they are looking to get rid of. The residents enjoy them as bingo prizes and for other purposes.



Friendly Reminders

Just a reminder for any new clothing items to be dropped off at the MAA desk for proper labeling. Also for any laundry concerns please contact Nicki Pool directly by calling 519-882-0370 or emailing npool@fiddicksnursinghome.com

Fall Bazaar

If you or anyone you know is interested in having a table in our Fall Bazaar please contact Brooke McGill (bmcgill@fiddicksnursinghome.com or 519-882-0370). The tentative date is Saturday, October 28th and is \$20 per table and will be from approx. 9:30am until 12:30pm.