

# Fiddick's Forum

437 First Ave, Petrolia, ON – (519) 882-0370 – [www.fiddicksnursinghome.com](http://www.fiddicksnursinghome.com)



## Celebrating April

### Car Care Month

### Jazz Appreciation Month

### Physical Wellness Month

#### Easter

*April 1*

#### World Party Day

*April 3*

#### Barbershop Quartet Day

*April 11*

#### National Coin Week

*April 15–21*

#### Earth Day

*April 22*

#### Richter Scale Day

*April 26*

## Frogs of the Amazon

Most people know that the Amazon is the world's largest rain forest. It covers 2.72 million square miles—almost the size of the 48 contiguous United States—and touches the countries of Brazil, Peru, Colombia, Venezuela, Ecuador, Bolivia, Guyana, Suriname, and French Guiana. The Amazon represents more than half of the world's remaining rain forest, home to an estimated 390 billion individual trees. It is within this magnificent forest that we find another of nature's marvelous animals: the frog. Scientists are not sure how many frog species inhabit the Amazon, but every year they are finding more. The latest estimate stands at 1,000 different frogs, toads, and tree frogs, which give us 1,000 reasons to celebrate April as Frog Month.

Perhaps the best recognized frog of the Amazon is the poison dart frog, the brilliant celebrity of the rain forest. These amphibians get their name from the indigenous tribes of the Amazon who dip their darts in the frog's poison to kill their prey. Another poisonous frog from the Peruvian Amazon is making headlines for its healing properties. Local tribespeople burn a small part of their skin and apply the toxin so that it is quickly absorbed into the bloodstream. After a few moments of serenity, the poison causes sensations of suffering, which leads to vomiting. Practitioners claim that the experience cures everything from depression to drug addiction and high blood pressure.

Researchers continue to add more frogs to this list of amazing creatures. Nearly one year ago, scientists discovered two new clown frog species, quite a surprise considering that only two species were known to exist. Researchers also found a new transparent *yaku* frog in Ecuador, named for its transparent abdominal skin, which reveals its heart. As recently as last November, researchers came upon the jaguar-snouted tree frog in the middle of an abandoned road, a new species that may already be endangered. This is some food for thought on April 28, Save the Frogs Day.

## Notes from Mike:

I am thinking that our long and not very nice winter has passed on through and I hope spring is on its way..... I was glad to see that a lot of our residents had decorated for St. Patrick's Day, and I hope that everyone enjoyed our St. Patrick's Day festivities and our green beverages.

The residents are getting eager to be out in the courtyard for their daily walks and to sit in the sun...Since Easter is just around the corner hopefully there will be some spring flowers which will put a smile on everyone's faces.

I would like to thank all of our Residents and their families for allowing us to care for their loved ones, as it is our privilege. The Fiddick team are appreciative and thankful for being given this opportunity. If we can do anything more for anyone, please do not hesitate.



Michael Fiddick,  
Administrator

## Family Council

Our next meeting will be on **Wednesday, April 25<sup>th</sup> at 4:00pm** in the Victoria Way Conference Room. All family members are invited and encouraged to attend!

Our Family Council would like to notify you of our board at the front entrance where they will be posting updates about events, volunteering, etc. We are planning a day in the spring where we will be looking for others to come help out and get the gardens and grounds prepared for the new season. Please check out our board for more information to come!

### Surveys

Every family should have received a copy of the "Fiddick's Nursing Home Family Survey 2018" this month. If you do not please contact Shelly or Brooke to get your copy. These can be handed in anonymously to the MAA desk or mailed back.

## Geriatric Fashions

Geriatric Fashions will be here on Tuesday, April 24<sup>th</sup> from 10:00am until 3:00pm. They will be set up in the Ruby Hall Activity Room.

This is a great chance for you to come take your loved one shopping without leaving the building. They have all kinds of clothing, undergarments, adaptive clothing, slippers, etc. If you cannot make it on this day but wish to have something purchased for your loved one, please contact Brooke McGill at 519-882-0370 or at [bmcgill@fiddicksnursinghome.com](mailto:bmcgill@fiddicksnursinghome.com) or contact the unit manager.

You may receive a call prior to Geriatric Fashions being here if your loved one requires any clothing items or adaptive clothing. The staff will be able to order these items for them or if you wish you can come in with your loved one to pick out and purchase these items. Residents are able to try all of the clothing on and additional sizes can be ordered and delivered to Fiddick's if they are unavailable on that day.

Please contact the Activity Department if you have any questions.



## **Specialized Care Unit -** **FAIRBANKS**

At this time our home has recognized a population of very special residents that are requiring specific and individualized care from a team of experts.

In a call to action, the home is implementing a change for the betterment of all residents, families and staff.

Over the next 8 weeks, our home is being re-developed to facilitate this call to action as it has become quite apparent that there are some significant concerns of the residents who require this specialized care and the potential to negatively impact the care and quality of life of others. There is also a concern that the special residents are not having their individualized care needs met in an environment that supports their needs.

It is with purpose that our current Fairbank Unit, be re-designed to incorporate the needs of our very special residents who require this specific care.

It is the intent that the home will follow a model which allows these special residents to live and flourish in an environment in which the core principles apply to create a physical, emotional and social environment plus incorporating specialized training for the staff. The layout will support the person-centered way of thinking where the needs of the resident drive the care.

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## **Fiddick's Nursing Home** **Welcomes...**

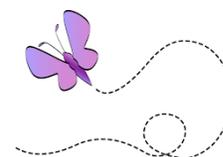
*Stan Harding*

*Beverly Davis*

## **And mourns the loss of...**

*Lillian Smith*

*Fred Burke*



The home is following a model from the Alzheimer's Association, which state that the key goals of a successful specialized care unit should be to do the following:

1. Maximize safety and support
2. Facilitate social opportunities
3. Support of functional abilities
4. Provide opportunity for control and privacy
5. Adjust the amount of stimulation
6. Maintain self-identity
7. Maximize awareness and orientation

The families and residents that will be involved in the call to action, will be contacted by Mallory Segade, RN ADRC.

Thank you  
*Mandy Judah RN, DRC*

## April Resident Birthdays

### Retirement Home

Glen Smith- April 5<sup>th</sup>  
Jackie McKeown- April 10<sup>th</sup>

### Ruby Hall

Fran Stockklausner- April 14<sup>th</sup>  
Floyd Campbell- April 22<sup>nd</sup>

### Victoria Way

Stan Harding- April 5<sup>th</sup>

### Barclay Lane

No April Birthdays

### Fairbanks Court

No April Birthdays



## Special Events in April

- April 1<sup>st</sup>- April Fool's Day
- April 6<sup>th</sup>- Marc and Kim Reid Perform
- April 18<sup>th</sup>- Birthday Party with Bernie Gilmore
- April 22<sup>nd</sup>- Earth Day
- April 24<sup>th</sup>- Geri Fashions
- April 26<sup>th</sup>- Spring Fling Social



## April Birthdays

In astrology, those born between April 1–19 are Aries' Rams. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident they can navigate any challenges. Those born between April 20–30 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. And once the work is done, a Taurus expects to enjoy the fruits of their labor.

Marlon Brando (actor) – April 3, 1924  
Spencer Tracy (actor) – April 5, 1900  
Francis Ford Coppola (director) – April 7, 1939  
Betty Ford (first lady) – April 8, 1918  
David Letterman (TV host) – April 12, 1947  
Loretta Lynn (singer) – April 14, 1932  
Jennifer Garner (actress) – April 17, 1972  
William Shakespeare (writer) – c. April 23, 1564  
Barbra Streisand (singer) – April 24, 1942  
Ella Fitzgerald (singer) – April 25, 1917  
Carol Burnett (comedienne) – April 26, 1933  
Jerry Seinfeld (comedian) – April 29, 1954

### Earth Day Facts !

1. EARTH DAY WAS CREATED THROUGH THE TIRELESS EFFORTS OF WISCONSIN SENATOR GAYLORD NELSON.
2. JOHN F. KENNEDY PLAYED A ROLE IN EARLY EFFORTS TO PROMOTE ENVIRONMENTAL CONSERVATION.
3. THE FIRST EARTH DAY SAW 20 MILLION AMERICANS TAKE TO THE STREETS.
4. THE DATE OF EARTH DAY WAS SPECIFICALLY SELECTED TO MOBILIZE COLLEGE STUDENTS.
5. EARTH DAY FACED CRITICISM FROM THE VERY BEGINNING.
6. EARTH DAY SPARKED AN UNPRECEDENTED SLATE OF ENVIRONMENTAL LEGISLATION.
7. ALTHOUGH IT BEGAN AS AN AMERICAN MOVEMENT, EARTH DAY IS NOW AN INTERNATIONAL PHENOMENON ...
8. ... AND INTERNATIONALLY, IT'S KNOWN AS INTERNATIONAL MOTHER EARTH DAY.
9. IN 2009, NASA PLANTED A HISTORIC "MOON TREE" TO CELEBRATE EARTH DAY.
10. IN PREPARATION FOR EARTH DAY'S 50TH ANNIVERSARY IN 2020, A NEW ENVIRONMENTAL THEME WILL BE ANNOUNCED EVERY YEAR FOR THE NEXT FIVE YEARS.